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## Alternative Interventions for Women and Men

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# History of Alternative Interventions

Cincinnati was one of five cities chosen by the National Institute of Correction (NIC) in 2000, to study how women were processed through the criminal justice system.

The main purpose of the year long study was to provide Judges options other than incarceration for women who committed nonviolent crimes.

# Program Overview

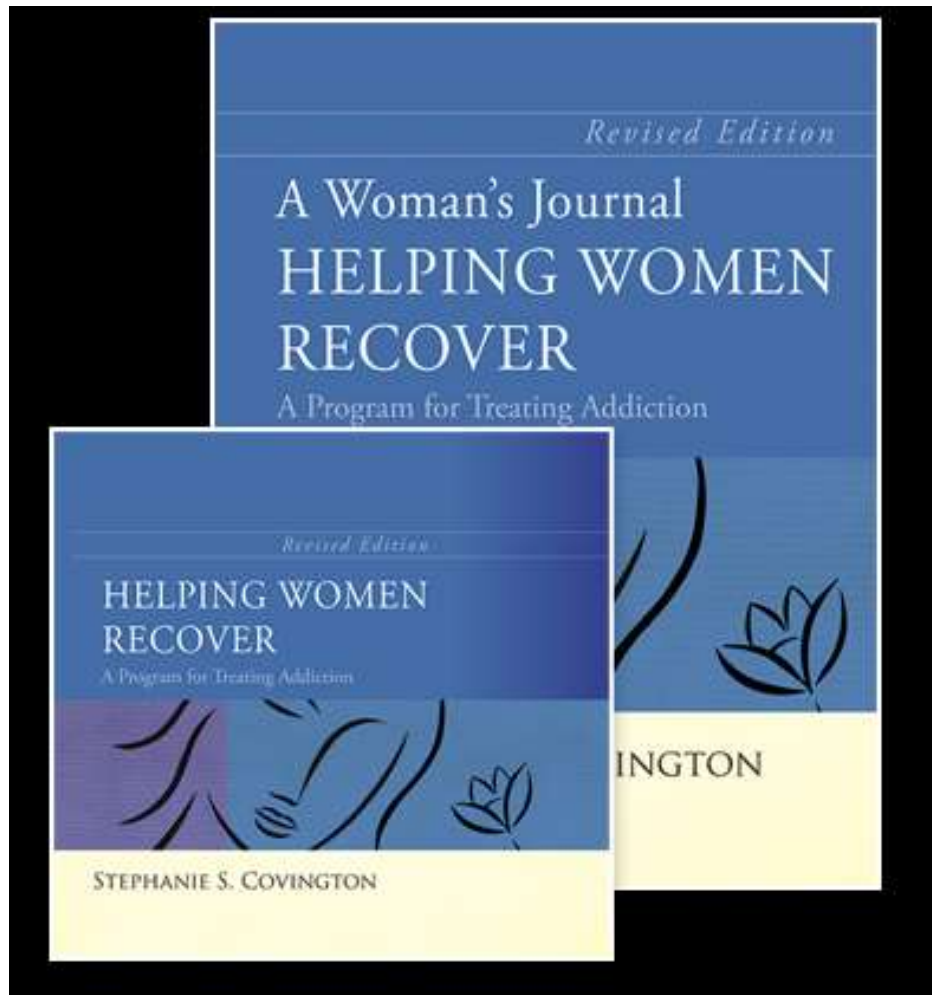
- Started in 2001, Alternative Interventions for Women provides assessment, care coordination and tailored day-treatment for court-involved women with co-occurring mental health and substance use disorders
- Alternative Interventions for Men was implemented in 2010 as a companion program to support men in the court system. It is an impactful program that provides similar, but less intensive services to men with co-occurring mental health and substance use disorders.
- The AI programs work collaboratively with the courts, Pretrial Services and Hamilton County Probation departments

## Program Goal

- The goal of the AI programs is to reduce the likelihood of future court convictions of women and men who have been referred for services. Beyond the goal for improving recidivism rates, the AI programs seek to guide clients toward recovery and healing, which helps to support them becoming productive members of society.
- The current recidivism rate for AIW graduates is 7%
- *(a three-year post-graduation rate of additional drug **convictions**)\**

\*as of December 2021

# Program Model- AIW



## **Alternative Interventions for Women**

AIW is an award-winning and nationally recognized treatment program for women involved in the criminal justice system. Our clients have a history of addiction, trauma, and mental health issues.

AIW provides individual and group therapy as well as case management, peer recovery support and psychiatric services to help women heal and cope more effectively with life issues. The program teaches the necessary skills for clients to become contributing members of society.

# Program Model- AIM

## **Alternative Interventions for Men (AIM)**

AIM is for male offenders with substance abuse and mental health challenges.

This impactful program includes individual and group therapy, case management services, psychiatric services, peer recovery support and more. The program teaches a wide variety of skills to support involved men in becoming or a return to being productive members of society.

# Telehealth/Services during the Pandemic

Programs immediately moved to Telehealth in March 2020

We are proud that our services could return to in person programming in May 2020, in response to the needs and requests of those in the program

We continue to work closely with CDC guidelines to assure that services are provided safely, and clients are adequately protected

Telehealth services are provided as needed

Overall goal of services, whether in person or via Telehealth, is that the client receives necessary supports to stay healthy, sober and move forward with their recovery process

# Who We Served (AIW in 2019, 2020, 2021)

- 187 women were served, averaging 62 per year
- 79% were under age 40
- 33% had less than a high school education
- 82% were White
- 35 clients have completed the program in the last 3 years
- Average program cost per client is \$5420 per year



# Who We Served (AIM in 2019, 2020, 2021)

- 192 men were served, averaging 75 per year
- 70% were under age 40
- 62 % were Black/African American
- Average program cost per client is \$2295 per year

# Our Impact



7% rate of recidivism for AIW (*a three-year post-graduation rate of convictions*)



Our successful graduates achieved sobriety and self-sufficiency, becoming productive members of society. Some graduates are sharing their recovery and knowledge learned in the AI programs, by providing peer recovery support services in the community



Many of our clients are re-united with their children after successfully completing our program.



At completion, 100% significantly improved their overall functioning as measured by the DLA-20 © (Daily Living Activities - 20) and therefore achieved their treatment goals; 99% are in stable housing; 70% are employed; many go on to further their education.



Continuity of care is critical and therefore following program completion all individuals are offered continued treatment at Court Clinic.

# Use of Levy Dollars

The AI programs provide a variety of services that are not covered by Ohio Medicaid, including:

Peer recovery support services

Health, wellness and education services, to include presentations from community experts

Services for those not eligible for Ohio Medicaid

Assessments to incarcerated individuals so they may begin treatment immediately upon discharge

Ongoing collaboration and involvement with courts and probation department to support client recovery

# Ohio Medicaid Restrictions

- Ohio Medicaid, through Redesign, became more restrictive with what can be billed, especially with services provided in the same day (groups, as an example)
- As Ohio Medicaid undergoes another Redesign, due for implementation in July 2022, billing limitations likely will not change.
- The Clinic complies with all requirements from Ohio Medicaid and assures that all services that can be billed to Medicaid, will be.

# AI- Now And In The Future

- We would like a great presence in the courts so we can strengthen access to care and support the process for getting clients connected to services more quickly
- We have begun to provide assessments to incarcerated individuals so they can begin services the day they are released. We would like to expand this approach to assessments and access to services
- We would like to expand our peer recovery support services, especially for those who have graduated from the programs to maintain active recovery supports
- We would like to expand our aftercare services for graduates

# Thank you

If you would like additional information about Court Clinic Treatment Services, please contact Kimberly Mages, Clinical Director of Court Clinic Treatment Services at [mageski@centralclinic.org](mailto:mageski@centralclinic.org) or at (937) 479-4803

If you would like additional information about Central Clinic, please contact Walter S. Smitson, President and CEO at [smitsows@centralclinic.org](mailto:smitsows@centralclinic.org) or at (513) 703-1540